



Living Faith  
United Methodist Church

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**Pastor Jaime Farias**

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**Sunday, July 12, 2020**

**Crossing The Jordan**

**Joshua 3:1-17**

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### **Prayer Requests**

- **Youth Mission Trip at Camp Fontenelle**
- **Rosalie Weber** ~ back pain
- **Terry Smith's sister-in-law Jamie** ~ healing
- **Joanne Raterman** ~ continued healing
- **Denise Waller** ~ healing & joy of a new hip!
- **All who are feeling isolated and lonely**
- **Bishop Ruben Saenz, Jr.** for his leadership and for modeling life in Christ
- **Transition for LF & All UMC's**
- **Protection from viruses and illnesses going around**
- **Shirley Morris** ~ healing, encouragement
- **Larry & Karen Lakeman** ~ healing & encouragement
- **Donna Chaney** ~ health & strength
- **Gloria Peterson** ~ health
- **Wava Jean Carl** ~ strength
- **Our nation, our leaders** ~ wisdom and discernment
- **Vernon Thomsen** ~ health, pain management
- **Elderly, shut ins**
- **Adeng , Annie, Julie Kristin, and Renson Michael Chen**
- **Pray for Marriages, Families, Relationships**
- **LFUMC, and all of God's churches**

**If you have a name tag, please wear them on Sundays so it can help Pastor Jaime learn names! If you don't have one we will have name tag stickers available for you to use.**

From The Pastor

**“The angel of the Lord encamps around those who fear him and delivers them. O taste and see that the Lord is good; happy are those who take refuge in him.” Psalm 34:7-8 NRSV**

I remember sometimes I have sensed God’s presence around me when I’m in danger. I have felt as if the angels of the Lord surround me and protect me from accidents. Once I was driving my car with my family on a highway on the mountains of New Mexico where we will have a camp meeting with other believers.

As we were driving and talking, I saw a narrow curve with no visibility on the other side of the road. Suddenly, a pick-up truck turned and came running on my lane. We both tried to avoid crashing by quickly moving away from each other. I was pulling my car toward the edge of the road but there was no asphalt just the cliff. The other vehicle was using almost the whole road. In that moment I just called on the name of the Lord and said: God Help me! I felt as if an invisible hand grabbed my car and moved it back unto the asphalt road. It happened so quickly, but I knew it was the angel of Lord, coming right away to save us from a terrible accident. We started praising God with thanksgiving and continued carefully driving the rest of the trip until we arrived to Camp site.

Psalm 34 is a Praise of Deliverance from trouble. David wrote this psalm when he feigned madness before Abimelech, so that he drove him out, and went away. Whenever we are in trouble we can sing or pray this psalm with assurance on God’s protection. As we all still are facing this Covid-19 pandemic, let us remember the angel of the Lord encamps around us and delivers from this novel coronavirus.

In compliance with the State and County Health guidelines, here at Living Faith UMC, we will keep our corporate services according to those regulations because we care for each other and we want to keep safe ourselves, and all members of our congregation. Yet, we trust in the Lord’s protection. There is no fear or panic, just taking some precautions.

I give thanks to the Lord for granting me this opportunity to be your pastor. It is my prayer and hope God will bless and pour out his Holy Spirit on us as we walk together following Jesus, our Lord and Savior. Join us to worship service on Sundays and Bible Study meetings as well. We will still be posting the Sunday Worship Service on Facebook and our website. We will also be using Zoom meetings to keep the social distance guidelines.

I just want to finish this article by inviting you to pray and read your bible every day. I’ll be preaching my sermon series on the book of Joshua each Sunday. Let us keep in touch and encourage each other through prayer and fellowship.

Shalom!  
Pastor Jaime

## **REQUIREMENTS FOR CORPORATE WORSHIP**

- 1.MUST WEAR MASKS ~ AVAILABLE IF NEEDED
- 2.CHILDREN REMAIN WITH FAMILY
- 3.ENTER/EXIT MAIN DOOR ONLY
- 4.USHERS WILL SEAT & DISMISS CONGREGANTS  
BY ROWS
- 5.BIBLES NOT AVAILABLE, PLEASE BRING YOUR  
OWN
- 6.TITHES & OFFERINGS IN DESIGNATED BOX IN  
LOBBY
- 7.BULLETINS & PENS JUST INSIDE SANCTUARY
- 8.NO SINGING BY CONGREGANTS

**FOR FULL PLAN SEE ATTACHED RETURN TO  
CORPORATE WORSHIP PLAN**

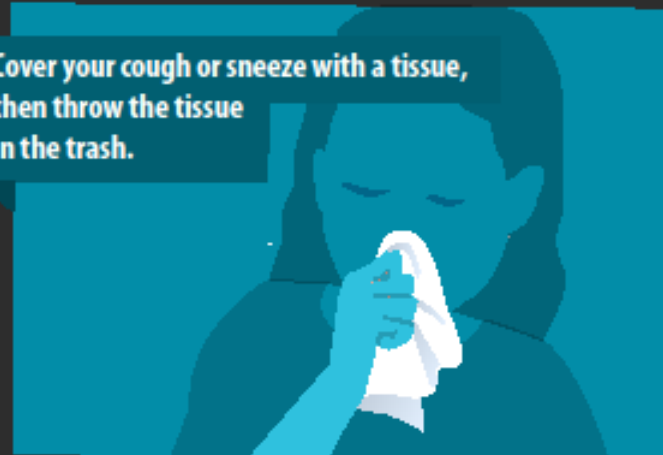
# STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

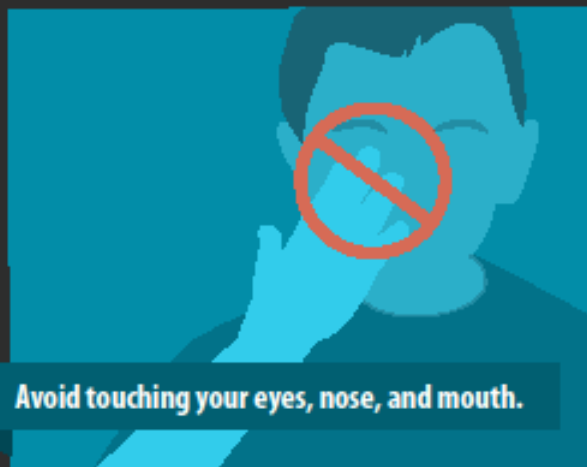
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



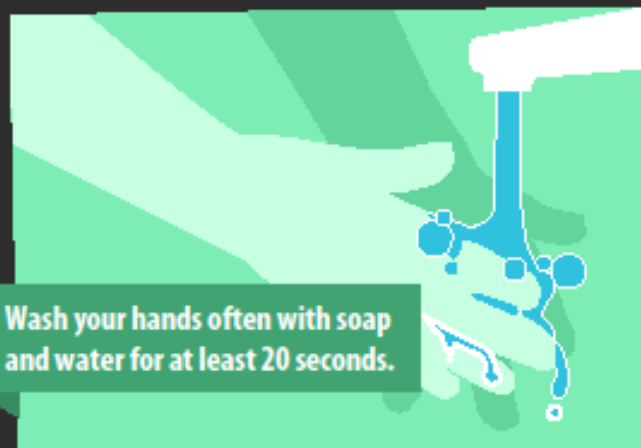
Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



## COVID-19 INFORMATION

# VOLUNTARY SELF QUARANTINE

In general, you need to have been in close contact with a person who has a confirmed case of COVID-19 to be at risk of getting the virus. If you have been in close contact with a person who has COVID-19, you may be asked to "voluntarily self-quarantine" for 14 days after last contact. This means you stay home as much as you can so you lower the risk of other people getting COVID-19 in case you have it. This means that you should do all of the things listed below.



1. Do not go to work or school and avoid all public places



2. If you must go out in public, do not use public transportation (bus, taxi, ride-share services)



3. Separate yourself from other people in your home and stay in one specific room



4. If you can, use a separate bathroom



5. Clean your hands often by washing with soap and water for 20 seconds



6. Seek medical help right away if your symptoms get worse and call ahead before going to the clinic

## What is COVID-19?

- Novel coronavirus (COVID-19) is a new virus strain spreading from person to person
- The virus has caused illness in people in many countries, including the United States.
- Right now there is not a medicine that can prevent or treat the disease
- Health experts are still learning more about how it spreads. They believe the virus spreads:
  - o Through droplets in the coughs and sneezes from a person who has the virus
  - o Between people who are in close contact with one each other (about 6 feet)
  - o By touching a surface or object that has the virus on it and then touching your face, mouth, nose, or eyes



### What are COVID-19 symptoms?

Fever, Cough,  
Shortness of Breath

Symptoms may appear in as few as 2 days or as long as 14 days after a person comes into contact with the virus



### How serious is COVID-19?

In most people who get sick, especially younger adults and children, the illness is mild.

Some people do get very sick and can die because they develop dangerous lung and breathing problems like pneumonia.



### Who is at risk of getting very sick?

Older and elderly adults and people who already have a serious medical conditions like:  
Heart disease, diabetes, lung disease

## STOP THE SPREAD



Wash your hands often with soap and water for at least 20 seconds.



If there is nowhere to wash your hands with soap and water, use hand sanitizer that contains at least 60% alcohol.



Avoid close contact with anyone who is sick.



Put a distance between of 3 to 6 feet between yourself and other people.



Cover your cough or sneeze with your bent elbow or with a tissue. Then throw the tissue in the trash right away and wash your hands.



Avoid touching your eyes, nose, and mouth.



Every day, clean and disinfect all touched surfaces like tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.



Stay home when you are sick, except to get medical care. Call before going to your clinic.

**Need more information? Call the Douglas County Health Department COVID-19 Information Line at (402) 444-3400**

## Who is at higher risk?



**Older adults**



People who  
have serious  
chronic medical  
conditions

**Heart Disease**  
**Diabetes**  
**Lung Disease**



### Supplies to have at home:

- Necessary medication – ask healthcare provider about obtaining extra
  - If extra is not possible – consider using mail order
- Be sure to have over the counter medicines and medical supplies to treat fever and other symptoms
- Have enough household items and groceries on hand
  - Grocery stores with 'at-risk' hours
  - Consider ways of getting food brought to your house



### Everyday Precautions

- Wash your hands often with soap and water for at least 20 seconds
  - If soap and water is not available – use a hand sanitizer that contains at least 60% alcohol
- Avoid touching high touch surfaces in public places (elevator buttons, door handles, handrails, handshaking, etc)
- Avoid touching your face, nose, eyes, etc.
- Clean and disinfect your home to remove germs
- Stay home as much as possible



### Symptoms and emergency warning signs:

- Pay attention to COVID-19 symptoms (fever, cough, and shortness of breath)
- Emergency warning signs:
  - Difficulty breathing or shortness of breath
  - Persistent pain or pressure in chest
  - New confusion or inability to arouse
  - Bluish lips or face



### If you get sick

- Stay home and call your doctor
- Consult with your health care provider for more information
- Stay in touch with others by phone or email
- Determine who can care for you if your caregiver gets sick
- Know when to get emergency help

### Need more information?

Douglas County Health Department  
COVID-19 Information Line  
**(402) 444-3400**  
[www.douglascountyhealth.com](http://www.douglascountyhealth.com)

United Way  
Resource Hotline  
**211**

Nebraska Department of Health and  
Human Services Information Line  
**(402) 552-6645**

3/19/2020



# SOCIAL DISTANCING

## What does it mean?

Social distancing is the practice of reducing close contact between people to slow the spread of infections or diseases.

Social distancing measures include limiting large groups of people coming together, closing buildings and canceling events.

### AVOID

Group gatherings  
Sleepovers  
Playdates  
Concerts  
Theater outings  
Traveling  
Athletic events  
Crowded retail stores

Malls  
Workouts in gyms  
Church Services  
Visitors in your house  
Non-essential workers in your house  
Mass transit systems



### KEEP YOUR DISTANCE

Visit a local restaurant to get take out  
Visit grocery store

Pick up medications  
Play tennis in a park



### SAFE TO DO

Take a walk  
Go for a hike  
Yard work  
Play in your yard

Clean out a closet  
Read a good book  
Listen to music  
Cook a meal

Family game night  
Go for a drive  
Stream a favorite show

Call or email a friend or elderly neighbor to check in  
Group video chats



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## **Rummage Sale for 2020 Cancelled**

The rummage sale is an important event at Living Faith. Your donations have made each rummage sale very successful, and LFUMC is grateful for each and every donated item.

Because of the Covid-19 virus the decision has been made to cancel the rummage for this year.

**Donations** - Thank you to those who have made donations for this year's sale. They are being held at Living Faith for next year's sale.

**Storage** - Space at Living Faith is full. Therefore, **We are unable to accept further donations.** We are respectfully suggesting that if you have donations and have space to store them, please store them until next year's sale. If not, we understand.

Thank you again for your past donations. We look forward to next year's rummage sale.

God bless

Joyce Savage  
Special Events Chair

**West O Shopping Event for 2020 Cancelled for in person shopping. Please watch for an online West O Shopping Event.**

**We will put West O Shopping Event (in person) on the calendar for the fall of 2021**

## Scripture and Sermon Titles

You are invited to read the Scriptures prior to Worship Services.

### **Sunday, July 12**

Crossing The Jordan  
Joshua 3:1-17

### **Sunday, August 2**

Uprooting Trouble  
Joshua 7:1-26

### **Sunday, July 19**

The Main Priority  
Joshua 5:1-15

### **Sunday, August 9**

Day Of Victory  
Joshua 10:1-15

### **Sunday, July 26**

Jericho Has Fallen  
Joshua 6:1-27

### **Sunday, August 16**

Covenant Renewal  
Joshua 24:1-27

## **A Look Ahead**

July 12—16 Youth Mission Trip ~ Camp Fontanelle  
Sept 20 ~ Back to Church Sunday

### Finance July Update:

Our pledges have remained strong. Thank you for dropping off your offering or for mailing them into the office.

Tithing has not been cancelled.

Thank you for faithful giving!

# Committees

Living Faith has a structure of committees to do our work. We have great volunteers, but attending evening meetings is difficult so attendance is low.

## **How would you re-structure?**

The structure of the local church in the United Methodist organization includes a Lay Leader who helps the pastor with leadership of the church. LFUMC is fortunate to have two Lay Leaders, Gene Latham and Rita Pfingsten and both are active leaders. Thank you, Gene and Rita, for your wisdom, discernment, and for always keeping the best interests of Living Faith in your hearts.

Lay Representative to Annual Conference has been Joyce Savage. Please thank Joyce when you see her for representing you well at these huge gatherings year after year. She attends every session, listens well, and takes good notes so she can report back to you. She has voted conscientiously and has always kept the interest of the church as her highest priority.

Four people served as Chairpersons for Church Council during my years with Living Faith: Linda Zimmerman Morgan, John Maxell, Phil Fisher, and currently Joan Smith. Thank you for running meaningful meetings and for leading us towards results.

Doug Simon leads the team of Trustees and they ensure the protection of the church's assets and they care for the property. Doug leads with confidence and common sense, as well as with a sense of humor and flexibility.

Elisa Booth has served for the past two years as the Chairperson of Staff Parish Relations Committee. SPRC supports the pastor and acts a liaison between pastor and congregation if needed. Elisa leads a great group of people who have given me all the support I could ever want!

We are a rather small church, and yet our leadership team is strong and capable. Listen to them and heed their expertise. They love Living Faith and serve well for its success.

Other teams include Joan Smith and Joan Roberson: Christian Caregivers, Ellen Ring: Membership, Lynn Hizer: Prayer, and Joyce Savage Special Events.

Psalms 37:5 "Commit everything you do to the Lord; Trust Him, and He will help you."

**What would make it easier for you to serve?**

**What keeps you from volunteering?**

**What could change that would turn your "no" to "yes" for committee work?**

Please send and email to Tracy  
info@livingfaithumc.com

**Pray  
Pray  
Pray**

**Bishop Saenz has asked all United Methodists to unite**

**In prayer each day at noon.**

**Pray The Lord's Prayer at 12:00 noon everyday.**

**We lift our prayers together—  
one body, one LORD.**



Habitat for Humanity is a mission that many of us feel passionate about, even though we no longer go to the worksite together as a team.

If you want to volunteer, go to their website and sign up for the date & time you'll work.  
They will be glad to have you!

<https://habitatomaha.org/volunteernow/>



## **OUR MISSION**

To make disciples for Jesus Christ  
to transform the world

## **OUR VISION**

- 1) To be disciples for Christ
- 2) To bring others to Christ

## **OUR GOALS**

- 1) Become & remain Spiritually Strong
  - a) Attend Worship Regularly
  - b) Be Part of a small group
  - c) Pray faithfully
- 2) Share God with our Community & the world
  - a) Mission Shares
  - b) Service to others
  - c) Reaching out
- 3) Interact with The Holy Bible Daily
  - a) Educate & guide our children & youth
  - b) Christian Education for all ages

**Our mission is to make disciples  
of Jesus Christ for  
the transformation  
of the world.**

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## **Check Us Out**

[www.livingfaithumc.com](http://www.livingfaithumc.com)

**Facebook! Search: Living Faith UMC**

**Sync up with our Google Calendar – look for us at [info@livingfaithumc.com](mailto:info@livingfaithumc.com)**

**Click the link below to get set up with our calendar:**

<https://accounts.google.com/ServiceLogin?service=cl&passive=1209600&continue=https://www.google.com/calendar/render?tab%3Dwc&followup=https://www.google.com/calendar/render?tab%3Dwc&scc=1>

**Make a DONATION TODAY ~ Scan the QR Code from your smart phone to be taken to our Donation Page on our website.**

